Pflichtzeiten für Verbandsmeisterschaften 2009 Frauen

	89 u.ä.	90/91	92	93	94	95	96	97	98	99
50 m Freistil	00:31	00:31	00:31	00:31	00:32	00:32	00:33	00:35	00:38	00:41
100 m Freistil										
50 m Bahn	01:05	01:07	01:10	01:11	01:12	01:13	01:15	01:20	01:28	01:32
25m Bahn	01:03	01:05	01:08	01:09	01:10	01:11	01:13	01:18	01:26	01:30
200 m Freistil										
50 m Bahn	02:26	02:28	02:30	02:33	02:36	02:40	02:44	02:53	03:05	03:19
25 m Bahn	02:23	02:25	02:27	02:28	02:31	02:37	02:41	02:49	03:01	03:15
400 m Freistil										
50 m Bahn	05:15	05:15	05:20	05:25	05:27	05:35	05:40	06:00	06:30	07:00
25 m Bahn	05:07	05:07	05:12	05:17	05:19	05:26	05:32	05:52	06:22	06:52
800 m Freistil										
50m Bahn	11:00	11:05	11:05	11:08	11:13	11:33	12:15	13:00	14:00	14:55
25 m Bahn	10:44	10:43	10:49	10:52	10:57	11:17	12:04	12:44	13:44	14:39
100 m Lagen	01:16	01:16	01:16	01:18	01:18	01:19	01:21	01:25	01:28	01:34
200 m Lagen										
50m Bahn	02:51	02:51	02:55	02:57	02:58	03:00	03:02	03:15	03:24	03:40
25 m Bahn	02:47	02:47	02:51	02:53	02:54	02:56	02:58	03:11	03:20	03:36
400 m Lagen										
50m Bahn	06:05	06:10	06:12	06:14	06:18	06:25	06:40	07:00	07:25	
25 m Bahn	05:59	06:02	06:06	06:08	06:10	06:17	06:32	06:52	07:17	
50 m Rücken	00:38	00:38	00:38	00:38	00:39	00:40	00:41	00:42	00:44	00:48
100 m Rücken										
50 m Bahn	01:21	01:21	01:23	01:24	01:25	01:27	01:29	01:31	01:36	01:46
25 m Bahn	01:19	01:19	01:21	01:22	01:23	01:25	01:27	01:29	01:34	01:44
200 m Rücken										
50m Bahn	02:45	02:46	02:50	02:53	02:57	03:00	03:05	03:13	03:22	03:38
25 m Bahn	02:41	02:42	02:46	02:49	02:53	02:56	03:01	03:09	03:18	03:34
50 m Brust	00:41	00:41	00:42	00:42	00:42	00:43	00:44	00:46	00:48	00:51
100 m Brust										
50 m Bahn	01:29	01:29	01:30	01:32	01:33	01:34	01:36	01:40	01:45	01:53
25 m Bahn	01:27	01:27	01:28	01:30	01:31	01:32	01:33	01:38	01:43	01:51
200 m Brust										
50 m Bahn	03:12	03:14	03:18	03:20	03:20	03:20	03:23	03:30	03:46	04:00
25 m Bahn	03:08	03:10	03:14	03:16	03:16	03:16	03:19	03:26	03:42	03:56
50 m Schmetterling	00:34	00:35	00:35	00:37	00:39	00:40	00:41	00:42	00:46	00:50
100 m Schmetterling										
50 m Bahn	01:21	01:21	01:23	01:25	01:27	01:28	01:30	01:35	01:48	02:00
25 m Bahn	01:19	01:19	01:21	01:23	01:25	01:26	01:28	01:33	01:46	01:58
200 m Schmetterling										
50 m Bahn	03:15	03:15	03:22	03:27	03:32	03:38	03:44	03:50	04:11	
25 m Bahn	03:09	03:09	03:18	03:23	03:28	03:33	03:38	03:45	04:06	

Offene Klasse

1500m Freistil		21:30