Pflichtzeiten für Verbandsmeisterschaften 2009 Männer

	89 u.ä.	90/91	92	93	94	95	96	97	98	99
50 m Freistil	0:28:00	00:28	00:28	00:29	00:30	00:31	00:33	00:34	00:36	00:39
100 m Freistil										
50 m Bahn	01:02	01:05	01:07	01:08	01:09	01:11	01:14	01:19	01:27	01:32
25 m Bahn	01:00	01:03	01:05	01:06	01:07	01:09	01:12	01:17	01:25	01:30
200 m Freistil										
50 m Bahn	02:20	02:21	02:26	02:28	02:30	02:35	02:43	02:53	03:05	03:19
25 m Bahn	02:16	02:17	02:21	02:24	02:26	02:31	02:39	02:49	03:01	03:15
400 m Freistil										
50 m Bahn	05:00	05:02	05:07	05:13	05:22	05:30	05:40	06:03	06:40	07:00
25 m Bahn	04:52	04:56	04:59	05:05	05:14	05:22	05:32	05:55	06:32	06:52
1500 m Freistil										
50 m Bahn	20:00	20:35	21:00	21:20	21:30	21:50	23:15	24:30	27:00	30:00
25 m Bahn	19:30	20:05	20:30	20:50	21:00	21:10	22:45	24:00	26:30	29:30
100 m Lagen	01:09	01:10	01:11	01:12	01:15	01:18	01:21	01:26	01:30	01:36
200 m Lagen										
50 m Bahn	02:40	02:42	02:43	02:46	02:50	02:56	03:02	03:14	03:24	03:40
25 m Bahn	02:36	02:38	02:40	02:43	02:47	02:52	02:58	03:10	03:20	03:36
400 m Lagen										
50 m Bahn	05:50	05:50	06:05	06:10	06:15	06:20	06:35	07:00	07:20	
25 m Bahn	05:42	05:42	05:57	06:02	06:07	06:12	06:28	06:52	07:12	
50 m Rücken	00:33	00:34	00:35	00:36	00:37	00:39	00:41	00:42	00:44	00:47
100 m Rücken										
50 m Bahn	01:13	01:14	01:16	01:18	01:20	01:23	01:26	01:31	01:36	01:46
25 m Bahn	01:11	01:12	01:14	01:16	01:18	01:21	01:24	01:29	01:34	01:44
200 m Rücken										
50 m Bahn	02:35	02:39	02:43	02:47	02:53	02:56	03:02	03:13	03:22	03:40
25 m Bahn	02:31	02:35	02:39	02:43	02:49	02:52	03:00	03:09	03:18	03:36
50 m Brust	00:36	00:37	00:39	00:40	00:41	00:42	00:46	00:47	00:49	00:52
100 m Brust										
50 m Bahn	01:20	01:22	01:24	01:26	01:28	01:31	01:35	01:40	01:45	01:53
25 m Bahn	01:18	01:20	01:22	01:24	01:26	01:29	01:32	01:38	01:43	01:51
200 m Brust										
50 m Bahn	02:55	02:57	03:05	03:12	03:16	03:20	03:23	03:30	03:46	04:00
25 m Bahn	02:52	02:53	03:01	03:08	03:12	03:15	03:19	03:27	03:43	03:57
50 m Schmetterling	00:29	00:30	00:32	00:34	00:35	00:37	00:39	00:43	00:45	00:48
100 m Schmetterling										
50 m Bahn	01:12	01:14	01:17	01:19	01:23	01:26	01:30	01:35	01:48	02:00
25 m Bahn	01:10	01:12	01:15	01:17	01:21	01:24	01:28	01:33	01:46	01:58
200 m Schmetterling										
50 m Bahn	02:58	03:00	03:08	03:13	03:20	03:28	03:36	03:46	04:10	
25 m Bahn	02:54	02:56	03:04	03:09	03:16	03:24	03:34	03:44	04:06	

Offene Klasse

800 m Freistil Männer	10:30